

Happy Memories "Dreamy Memories"



T-Shirt Pillowcase Pattern

Pattern includes basic directions for making T-Shirt blocks as well as numerous "Trish's Tips" to help you in making the perfect pillow case.

Design By Trish Bowman

Pillowcase Size 20"x32"

Dreamy Memories

Fabric For T-Shirt Banded Pillowcase:

1 T-Shirt of your choice
Tricot/Stabilizer – ½ yd.
Main Body of the Pillowcase – 1 yd.
Flange Fabric – 1/8 yd.
Pillow Case Outside Band – 1/4 yd.
Band Lining – 1/4 yd.

Fabric For Single T-Shirt Pillowcase:

1 T-Shirt of your choice
Tricot/Stabilizer – ½ yd.
Main Body of the Pillowcase Back – 1 yd.
Fabrics for the Front of the Main Pillowcase.
Gold Fabric – 1/4 yd..
White Fabric – 1/4 yd.
Pillow Case Outside Band – 1/3 yd.

Fabric For Two T-Shirt Pillowcase:

2 T-Shirts of your choice
Tricot/Stabilizer – 1 yd.
Main Body of the Pillowcase – 1yd.
Flange Fabric – 1/8 yd.
Pillow Case Outside Band and Lining
Black fabric - 1/8 yd.
Gold fabric 1/3 yd. (For outer band and folds over for lining)

Supplies:

All Squared Up Tee's Templates - Sizes 16½" and 15½" square or rulers of equivalent size.

(All Squared Up Tee's Templates available at www.HappyMemoriesQuilts.com)

Rotary Cutter & Matt

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Dreamy Memories

Follow Steps 1 through 4 for all three pillowcases. These steps prepare your shirt for being used in whatever pillowcase you have chosen to make. **Please Note that some of the steps have separate instructions for the narrower Banded T-Shirt Pillowcase.**

Step 1 - Cut apart the T-Shirts.

Step 2 – For Full Size T-Shirt Blocks
Following the directions for using your 16 ½” *All Squared Up Tee’s Template* or other equivalent ruler, center and level the design in the template (Fig. 2.1).

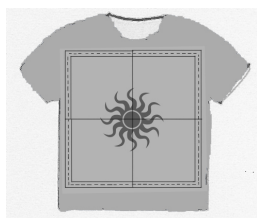


Fig. 2.1. Center the design in the template.

Once you are satisfied with the alignment and the placement of the shirt design within the template lines, make the first cut of your T-Shirt design (Fig. 2.2).

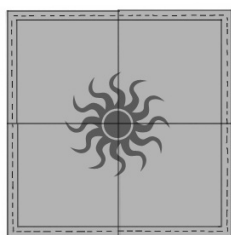


Fig. 2.2. Cut around the 16 ½” Template.

For Banded T-Shirt Block –

Cut your T-Shirt Block as close to 20” wide as possible and 6 ½” long on the first cut.

✂ **Trish’s Tip** – Cutting the T-Shirt into a square an inch larger than the final block allows for stretching and pulling when the tricot is applied or any modifications that are made to the shirt, such as when two shirts are combined or

any appliquéing is done. This extra fabric allows for the changes without messing up the final dimensions of your quilt blocks.

Step 3 – Apply your choice of stabilizer to each T-Shirt square following the manufacturer’s instructions.

✂ **Trish’s Tip** – It is very important that you use stabilizer on the T-Shirt, as the fabric tends to stretch too much if not stabilized in some way causing the blocks to lose their shape. When applying the stabilizer make sure to follow the manufacturer’s instructions exactly so that it does its job properly.

Step 4 - Using the 15 ½” *All Squared Up Tee’s Template* or other equivalent ruler, make the second and final cut of your T-Shirt designs. As with the previous cut make sure the design is centered and balanced inside the design lines of the template (Fig. 4.1). Make the final cut of the T-Shirt square (Fig. 4.2).

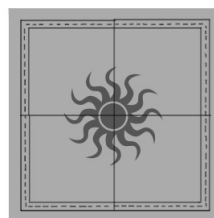


Fig. 4.1. Make sure the design placement is correct.

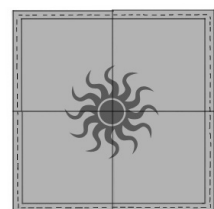


Fig. 4.2. Make the final cut around the template.

Your shirts are now completed blocks and are ready to be placed in your pillowcase.

For Banded T-Shirt Block –

Make sure the edges on the width of your block, after putting on the tricot, are nice and straight. Cut the length of your block to 5 ½”. This will give you the starting point for your pillowcase.

T-Shirt Pillowcase # 1

T-Shirt design used on band.

Step 1 - Fabric for the pillowcase.

T-Shirt - 1 prepared T-Shirt 5 ½" long x as close to 20" wide as possible.

Main Body of the Pillowcase – 40" x 28"

Flange Fabric – 2 ½" x 40"

Pillow Case Outside Band – Cut 1 piece of fabric 5 ½" x 20"

Band Lining – Cut 1 piece of fabric 6 ½" x 40"

Step 2 –Making the pillowcase band.

- a) The T-Shirt design block for this design should be 5 ½" x 20". If the length of the finished block is less than 20" add a coordinating fabric or left over t-shirt fabric to each end of the block to make it 5 ½" x 20".
- b) Place the design block face up on the table. With **right sides together**, place the fabric for the back of the outside band on top of the design block. Pin and stitch the pieces together at the right end. Press open. The outside band should now measure 5 ½" x 39 1/2".
- c) Place the outside band right side up on the table, with the bottom of the design to the right. With **right sides together**, place the band lining on top of the outer band. Double check that your design is facing in the correct direction before stitching. Stitch the pieces together along the right side of the raw edge. Press open.

Step 3 – Building the pillowcase.

- a) Lay the main body of the pillowcase, with the **right side up**, on a table (Fig. 3.1).

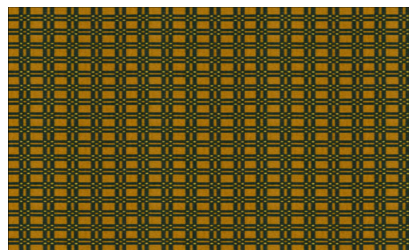


Fig. 3.1. The main body of the pillowcase.

- b) Fold the flange fabric in half, with the **wrong sides together**. Press along the entire length. Place the flange on the top of the main body of the pillowcase, matching the raw edges (Fig. 3.2).

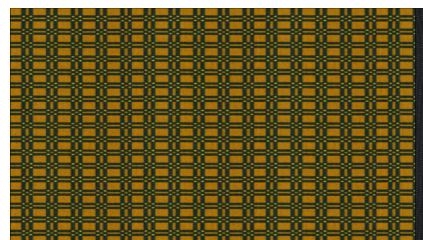


Fig. 3.2. The main body of the pillowcase with the flange in place.

- c) With the **right side down**, place the band on top of the main body of the pillowcase and the flange, matching the raw edges (Fig. 3.3).

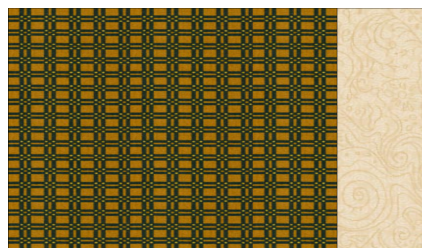


Fig. 3.3. The main pillowcase, the flange, and the band with the raw edges together.

- d) Stitch all three layers, the main pillowcase, the flange and the band together. Press out the band leaving the flange flat on the top of the main pillowcase fabric (Fig. 3.4).

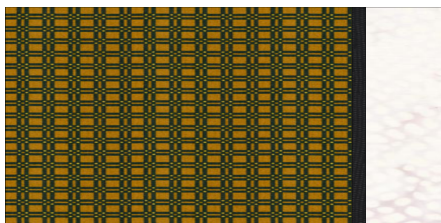


Fig. 3.4. The band pressed out from the main pillowcase and the flange.

e) Fold the body of the pillowcase in half, with the **right sides together**. Line up the seams for the band and the flange. Stitch down the side and across the bottom (Fig. 3.5).

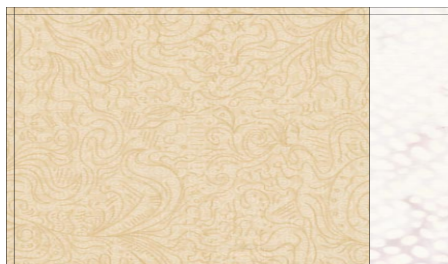
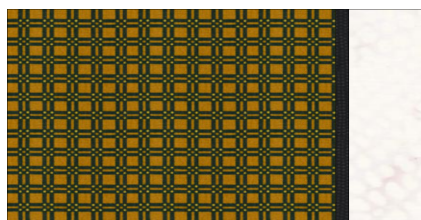


Fig. 3.5. Stitch down the side and across the bottom.

Step 4 - Stitching the band lining in place.

While the pillowcase is still inside out, fold the band lining down at the seam, so that the **wrong sides** of the band are now together. Press. Fold under the raw edge at the bottom of the lining and press. Using either a machine top stitch or hand stitch, secure the band lining in place.



**Your One Of A Kind Pillowcase
Is Done!!!!**

T-Shirt Pillowcase # 2 Pillowcase using one T-Shirt

Step 1 - Fabric for the pillowcase

T-Shirt - 1 prepared T-Shirt 15 ½" x 15 ½"

Main Body of the Pillowcase Back –
24" x 28"

Fabrics for the Front of the Main Pillowcase.

Gold Fabric – 2 pieces, 3" x 15 ½"

White Fabric – 2 pieces, 4" x 15 ½"

Pillow Case Outside Band – Cut 1 piece of
fabric 10 ¾" x 40"

Step 2 – Assembling the front of the pillowcase

a) With the **right sides together**, pin the gold fabric to each side of the prepared block and stitch in place (Fig. 2.1). Press away from the block (Fig. 2.2).



Fig. 2.1. Sew the gold fabric to each side of the block.



Fig. 2.2. Press the seams away from the block.

b) With the **right sides together** pin the white fabric to the gold fabric on each side of the block and stitch it in place. Press away from the block (Fig. 2.3).



Fig. 2.3. Press the seams away from the block.

Step 3 – Attach upper and lower sashing.

- a) With the right sides together pin the gold fabric across the top and bottom and stitch it in place (Fig. 3.1).



Fig. 3.1. Pin on upper and lower sashing, stitch.

- b) Press fabric out away from center (Fig. 3.2).

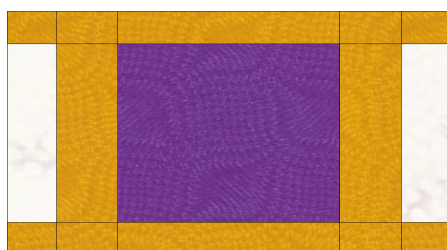


Fig. 3.2. Press away from center.

Step 4 - Attaching the back and the front of the pillowcase.

- a) Lay the main body of the pillowcase, with the **right side up**, on a table with the longest edge on the top.

- b) With the **right sides together**, pin the front of the pillowcase to the back, along the top and the bottom edges. Stitch in place and press the seams towards the back of the pillowcase (Fig. 4.1).

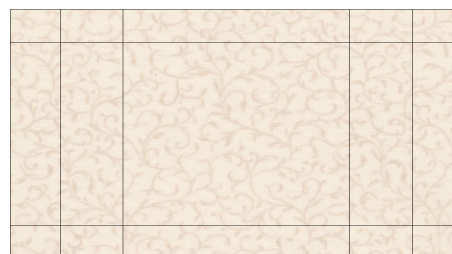


Fig. 4.1. With the **right sides together**, stitch the back and the front of the pillowcase together.

- c) With the pillowcase body inside out, find the middle of the front and the middle of the back and pin them together along the left edge of the pillowcase. Stitch along this edge.

- d) Turn the body of the pillowcase right side out. Press (Fig. 4.2).

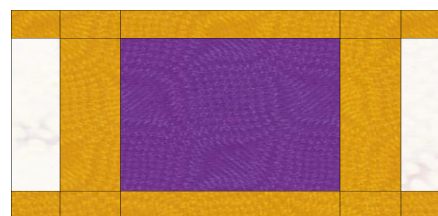


Fig. 4.2. Turn the body of the pillowcase right side out. Press.

Step 5 – Attaching the pillowcase band.

✂ **Trish's Tip** – It is important that you press the body of the pillowcase and the band correctly as you are using these pressed edges like seams for matching and sewing the two together.

- a) Take the fabric piece for the band, 10 ½" x 40", and fold the fabric with the right sides together, so it is now 10 ½" x 20". Stitch a seam down the 10 ½" side.

Press both sides of the band, so there is a good sewn seam and a good pressed edge for matching.

b) With the **right sides together**, pin the band to the main pillowcase, matching the raw edges. Line up the sewn seam and the pressed seams with the pressed sides of the pillowcase. Stitch around this edge (Fig. 5.1).

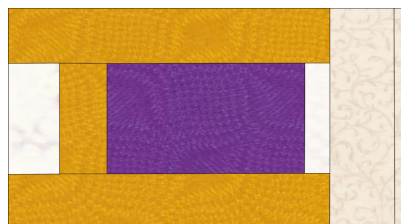
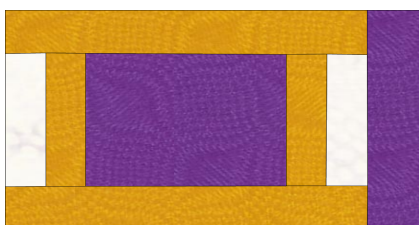


Fig. 5.1. Stitch the band to the main body of the pillowcase.

c) Mark along the band 5" out from the main body of the pillowcase. With the **wrong sides together** fold the band under and press. Fold the raw edges of the band under and using either a machine top stitch or a hand stitch secure the band lining in place.



Your One Of A Kind Pillowcase Is Done!!!!

T-Shirt Pillowcase # 3 Pillowcase using two T-Shirts.

Step 1 - Fabric for the pillowcase

T-Shirt - 2 prepared T-Shirts 15 ½" x 15 ½"

Main Body of the Pillowcase – 24" x 28"

Flange Fabric – 2 ½" x 40"

Pillow Case Outside Band and Lining

Black fabric 2 ½" x 20"

Gold fabric 9" x 20" (For outer band and folds over for lining)

Step 2 – Assembling the front of the pillowcase

Sew your two prepared T-Shirt blocks together. Cut them so that their total length is 27 ½". The final piece should be 15 ½" x 27 ½" (Fig. 2.1).



Fig. 2.1. Sew your two prepared blocks together.

Step 3 – Attach upper and lower sashing.

a) With the **right sides together** pin the gold fabric across the top and bottom and stitch it in place (Fig. 3.1).



b) Press fabric out away from center (Fig. 3.2).

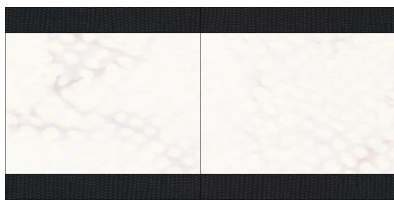


Fig. 3.2. Press away from center.

Step 4 - Attaching the back and the front of the pillowcase.

- a) Lay the main body of the pillowcase, with the **right side up**, on a table with the longest edge on the top.
- c) With the **right sides together**, pin the front of the pillowcase to the back, along the top and bottom edges. Stitch in place and press the seams towards the back of the pillowcase (Fig. 4.1).



Fig. 4.1. With the **right sides together**, sew the back and the front together.

- d) With the pillowcase body still inside out, line up the middle of the front and the middle of the back, along the left edge of the pillowcase. Pin them together and stitch along this edge.
- e) Turn the body of the pillowcase right side out. Press (Fig. 4.2).

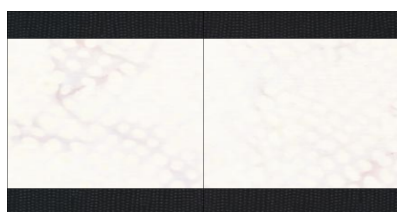


Fig. 4.2. Turn the pillowcase right side out and press.

✂ **Trish's Tip** – It is important that you press the body of the pillowcase and the band correctly as you are using these pressed edges like seams for matching and sewing the two together.

Step 5 – Making the flange.

- a) Fold the flange fabric in half, so that it is now 2 ½" x 20". Sew a seam down the 2 ½" side.
- b) With the wrong sides together, fold the flange in half, along the 40" length and press.
- c) Matching the flange seam and one of the pressed edges of the main pillowcase and the raw edges, pin the flange in place (Fig. 5.1).



Fig. 5.1. Matching the raw edges, the seam and the pressed edges, pin the flange in place.

Step 6 – Making the pillowcase band.

- a) With the **right sides together**, place the gold strip of fabric on top of the black fabric, matching the raw edges. Stitch them together (Fig. 6.1).

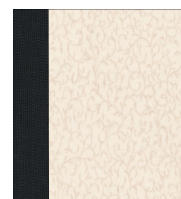


Fig. 6.1. Stitch the band fabrics together.

- b) Press open with the seam going towards the black fabric (Fig. 6.2).



Fig. 6.2 Press seam towards black

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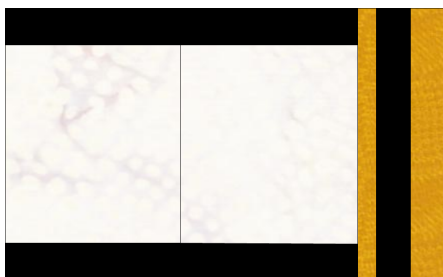
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Step 7 – Attaching the pillowcase band.

a) Take the fabric piece for the band, 10 ½”x 40”, and fold the fabric with **right sides together**, so that it is now 10 ½” x 20”. Stitch a seam down the 10 ½” side. Press both sides of the band, so there is a good seam.

b) With **right sides together**, making sure the band is facing in the correct direction, pin the band to the main pillowcase at the raw edge. Line up the pressed seam and the edge of the band with the pressed side edges of the pillowcase, as if they were seams.

c) Mark along the band, 5” out from the main body of the pillowcase. With the **wrong sides together**, fold the band under and press. Fold the raw edges of the band under, and using either a machine top stitch or a hand stitch, secure the band lining in place.



**Your One Of A Kind Pillowcase
 Is Done!!!!**